

## Consultation form for Chronic Cases

Date of First Appointment:		Reporting Time:	
Name:	Age:	Sex:	
Contact no:	Email Id:	Skype Id:	
Occupation:	Address:		

### Presenting complaint -

--

1. Location :
2. Sensation :
3. Modalities :
4. Position :
5. Concomitant :

### Past History :

1. Diseases :
  - (1) Acute :
  - (2) Chronic :
2. Vaccination :
3. Burn :
4. Electric Shock :
5. Injuries and accident :
6. Surgical Operations :

## Medical History:

1. Medicine ( Allopathic or Holistic System ) :
2. Duration of treatment :

## Personal History:

1. Marital Status ( Married/ Unmarried/ Not applicable ) :

### 2. Female

- i. Menarche :
- ii. LMP :
- iii. Duration :
- iv. Quantity :
- v. Any white discharge

*If Yes – Occurrence, Time when started (e.g. before or after menses)*

- Colour :
- Consistency :
- Amount :
- Any odour :
- Duration :

- vi. Any complaint associated with menses, Leucorrhoea or concomitant (eg Cramps, Vertigo, Mood Disorder, Headache, Pain, Anger) :

### 3. Males

- i. Any complaint related with personal health:

## Family History :

(E.g. Hypertension, Diabetes, Tumour, History of cancer, any chronic illnesses, any bleeding disorder, respiratory complaint, joint complaint and psychological illnesses) -

- a) Paternal side
- b) Maternal side

## Physical General:

1. Relation with heat and cold( Like summers or winter weather, warm food or cold food) :
2. Desire (towards sweet, salt or sour/ Any specific craving/craving for any indigestible things like chalk or clay) :
3. Aversion (Things which you don't like, any food, weather, condition, position) :
4. Intolerance (Things which make you feel sick, you can't digest or tolerate) :
5. Appetite (Good/Low/Ravenous hunger, can easily control or not, Vegetarian/Non – vegetarian) :
6. Thirst (Very Thirsty, Thirsty or Very less Thirsty) :
  - i. Drink in sips or large quantity at a time :
  - ii. Can control or not :
  - iii. With dryness of mouth or not :
7. Saliva (Dry mouth/ wet or dribble) :
8. Tongues :
9. Any Odour from mouth(If yes which type or any specific time ):

10. Sweat

- i. Profuse/Scanty :
- ii. Any specific odour :
- iii. Stains clothes or not :
- iv. Colour :

11. Habit :

12. Stool

- i. Constipation/Diarrhoea :
- ii. Hard/ Soft :
- iii. With or without mucus :
- iv. With or without blood :
- v. Any pain during defecation :
- vi. Frequency :
- vii. Stick with pan or not :

13. Urine

- i. Frequency :
- ii. Colour :
- iii. Odour :
- iv. Comes in flow or dribble :

14. Sleep

- i. Sound sleep or not :
- ii. Feel fresh after sleep :
- iii. Duration :

15. Decubitus (Left/ Right/ both sides/ on abdomen or on back) :

16. Dreams (Daily routine/ Past occurrences/ any repetition of dreams / Frequency/any animal/ dreadful/ any future occurrences/ Fearful/ any complaint associated with dreams like involuntary urination, somnolence, dribbling of saliva) :

## **Mental General :**

1. Desire (company or alone) :
2. Memory
  - a. Short term memory :
  - b. Long term memory :
3. Any History of grief/ disappointment/suppression/ Humiliation :
4. Anger( Expressive/ Suppressed) :
5. Mood (Sad/ cheerful/happy) :
6. Introvert/ Extrovert :
7. Consolation :
8. Any social condition/ Easy to go in public / During public speeches :
9. Any phobia :
10. Anything specific (*Eg Fastidious/ Conscientious/ Inquisitive*) :
11. Hobbies :